



# The Inside Track

A Newsletter for Members of Porcupine Ski Runners

Spring Issue

April, 2006

## **PRESIDENT'S MESSAGE**

Another season of skiing and snowshoeing has come to an end. It's now time to check and "summerize" the equipment. Snow came early in November, and we were on our skis with the hopes of having our trails in good shape for the Holiday Season. All season, the weather was relatively warm, with a mixture of snow and rain earlier on, high winds causing blow down trees that had to be removed from the trails. Lack of snow and cold delayed the opening of the Olympic and Loppet trails. Rain and warm weather forced us to close the trails to keep them from getting rutted, and to maintain the base.

The warmer weather was a boon and a hardship for PSR in that it increased our membership to a new high, but it also created problems on the trails.

As you are aware, fund-raising for the Timmins Nordic Center is ongoing, spear headed by the Fund-raising Committee. We have just successfully completed the Get On Track auction, and are awaiting responses from various government agencies for additional funding. A letter was also sent to our members for cash donations in support of this project. An engineering firm was hired to conduct a feasibility study of 3

possible sites for the new centre. The report will be reviewed by your board of directors, and a site will be chosen in the near future, and then we will look at an actual building design, dependent on the amount of funding that we have. The construction phase will require a lot of volunteer time and effort.

Once again the PSR. Junior Race Team had good results throughout the winter. They participated in the Ontario Cup races, the Haywood Nor-Am Cup/World Junior Trials, the Atomic Cup Series, the Nationals, and the N.O.D. races. The Development Team participated in races in Sault Ste. Marie, in Southern Ontario, as well as the N.O.D. race in Timmins. Thank you to all of the athletes, coaches, and parents who contributed to make this racing seasons a successful one.

PSR also participated in the first Timmins Winterfest. We were responsible for the cross country

sprint races, and the snow show races. These events were well attended by the local schools on the Friday, and by our members on Saturday. I think we will be participating in this event next year also.

The NOVA awards were presented on April 27, and the PSR won the non-profit category. Congratulations to us.

In closing, I would like to thank all volunteers who have helped with the trail brushing, maintenance and grooming throughout the year, the Fund-raising Committee and the volunteers responsible for getting items for the Get On Track Auction, Dave McGirr, J. P. Aubé, and The Daily Press for this Auction.

If you have any comments, send them to us. Keep in shape, and we'll see you next winter.

Denis Brûlé

## **PORCUPINE SKI RUNNERS**

### **ANNUAL GENERAL MEETING**

**will be held in the fall**

**Notice of the meeting date, time and place  
will be announced prior to the meeting**

**WHAT'S NEW**

By: Gerry McNair

Well, a Nova Award for one thing. Yes, Porcupine Ski Runners was selected from among three finalists as the recipient of the Nova Award in the non-profit category at a ceremony held on April 27. The Nova awards are organized by the Timmins Chamber of Commerce and this was the fourth year the event has

been run. It was the first time that PSR was nominated and we thank one of our new members, Dave McGirr, for suggesting that a nomination should be made on behalf of our club. The plaque is "Awarded to a non-profit organization that exemplifies entrepreneurial spirit."

The event was attended by some 380 persons and PSR was represented by Diane and Lorne Luhta, and Noëlla and Gerry McNair.



*The Inside Track* is distributed to the members of Porcupine Ski Runners to inform them of the activities of the Club. There are three issues in each ski season.

Thanks to all the persons who contributed reports and information.

Suggestions and comments from our members are appreciated.

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**Porcupine Ski Runners**

**Box 250**

**Schumacher, ON P0N 1G0**

On another topic, there is a potential to have a new project underway in the not too distant future. It has now been christened the Timmins Nordic Centre Project. For a more complete update on this topic see the report on page 8.

**MEMBERSHIP**

By: Gerry McNair

Our membership count this year increased by 99 over last year and there were increases in all categories. Yet another new record. Here's the breakdown:

- 1271 Members
- 630 Applications (Total)
- 304 Family Applications
- 225 Adult Applications
- 79 Senior Members
- 35 Student Applications

Those gals continue to "out-member" the guys. Last year there were 40 more females than males and this year the gap has risen to 63. Is there a trend here?

We expect that membership fees will be increased next season. The obvious reason for the change is the increase in energy costs - diesel fuel, gasoline, propane and electricity. We also have to cope with increased cost of registration with CCC which includes our liability insurance. While this fee has increased over the last several years, it is still very reasonable at \$7.00 per member. Firewood is still a bargain as is our labour costs. Can you judge what our membership costs might be if we had to pay for about 6000 hours of volunteer work?

**EQUIPMENT**

By: Gerry Perreault

The end of another season at PSR and we will remember this winter as the mildest in the clubs history. Looking at the Equipment log books, the Groomers were used from November 07, 2005 until April 5, 2006. The larger machines operated a total of 218 hours. This includes a holiday of 16 days in early January when no snow at all had come our way. We have to consider ourselves very fortunate because only a handful of days

were recorded under minus 30°C. We did however have two days of closure due to stormy weather, thrown at us by old man winter either early morning or mid day.

Fred Stiles, Rick Mahon, Chris Cantwell, and Gerry Perreault were our Groomer Operators, Germain Lauzier, Gerry McNair, Denis Brûlé, Jack Yard, and Gerry Perreault were the track setters. New comers to the Crew and setting an excellent track, (must be racing in them) were Rhys Lucas and Eric Luhta. We need more young volunteers to help out and it sure helps to have them. Lorne Luhta is always willing to help but suffers from Alzheimer's. If you ask him the night before, he forgets and takes the dog for a walk instead of setting track. (I just cannot let him live that one down.) Lorne did help us out. Dave Mairs was willing to assist but the occasion did not occur. Please thank all these fellows for their dedication and willingness to put in the hours out of total joy of skiing and seeing others enjoy it.

Fred has started our usual spring repairs and checks on all of the equipment so we can be prepared for a trouble free season next year.

**TRAILS**

By: Gerry Perreault

The improvements done with ditching and some new culverts in the fall of 2005 were noticeable as no ground water affected the interior trails at the start and end of the season. Even the Yellow trail

was still fully in operation until April 11, 2006.

There are plans to relocate a section of the Red trail and widen the stadium area to accommodate mass starts during competitions. This may also force us continue with the ditching and culvert program.

We have started or usual spring sign upgrading and maintenance. This chore alone takes up considerable time. Germain Lauzier has been at this for some time now. Along with dead fall removal and cleaning up the storage areas.

I may have missed thanking some others that helped this winter - sorry about that, just remember I almost qualify for those senior moments too.

I had the opportunity to spend time in Florida which, I must admit, is like mid July (in March). I did enjoy the vacation but am not yet sold on being a snowbird so I will be back next season.

Enjoy your summer. We will be back calling everyone for help this September and October.

**LESSONS**

By: Diane Luhta

Northern Sports helped to set up lessons at PSR and 32 skiers improved their skills in both skating and classic ski techniques. We charged each participant a fee which was then donated to the fund-raising for the Timmins Nordic Centre.

Feedback suggests that we need more instructors, fewer

sessions, an earlier start, and a grand finale celebration (which we had planned on having until pneumonia struck). New members said that they felt more comfortable in the chalet, in the wax room, and on the trails.

We hope to have lessons again next year and would love to have more instructors volunteer. Thanks to Lino, Rhys, Karin and Diane for leading the sessions.

**SCHOOLS & GROUPS**

By: Diane Luhta

**T**welve schools and 5 groups took advantage of the PSR trails with an estimated 3000 user days in total.

Several schools raised money for the new building in various ways including a mini-loppet. Thanks to all who helped out with these fund-raising ventures. More and more groups are enjoying the snowshoe trails every year.

Roland Michener Secondary School organized the first secondary school races to be held at the club in a number of years but were disappointed with the turnout. Perhaps next year more teenagers and teachers will get involved and encourage cross country ski racing as a school sport. We certainly have the best ski conditions in the province for producing top racers.

**JACKRABBITS**

By: Ruth Roy

**A**nother ski season has come and gone. This year

noted 75 young skiers zipping through the trails along with leaders and many helpers. I'm sure everyone had a great time learning new skills including skiing longer distances such as the 5km Red and 7.5km Junior Olympic trail and jumps on Hydro Hill. The end of the season was celebrated with a bonfire, roasting wieners and marshmallows and chatting about the season. Thanks to all who helped setting up for the party, bonfire, music and wood. I'm sorry I missed all the fun.

Once again a big thank you to all the leaders Dustin and Shannon Hughes, Robert, Caroline and Johannes Coderre, Abby Canie and Emily Disley, Samantha and Brianna Stewart, George Stewart, Cheryl Allard, Garrett and Damien Duff, Brenda Finnila, Tom Martin, Ethan McGillis, John Hardy, Chris Paquette, Lou Ann Visconti and many others. Your help was appreciated. To all who helped with juice and snacks - thank you.

Four Sunday sessions were cancelled this winter due to weather and NOD races. Congratulations to all the racers from the Jackrabbit group.

Community Based Education Training (CBET) courses will be offered again next season, Introduction to Community Coaching - under six "Bunnyrabbit" and the Community Coaching - six to nine years "Jackrabbit". A group of nine completed Community Coaching Course the weekend of March 24<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup>, 2006 under the direction of Ken Sidney

from Sudbury.

Enjoy the summer and keep fit by bicycling, running, swimming and just having fun. See you next season. Please register early and if you would like to lead a group please feel free to contact me at 268-8762. I will continue to help co-ordinate the Program with help from Helen Labine and Cheryl Allard.

**NORDIC WALKING**

By: Diane Luhta

**N**ordic Walking is a great way to stay in shape for winter skiing because of the aerobic conditioning it provides along with a good upper body workout which you don't get from running. The trails are a perfect place to walk in the summer as long as you make noise and warn any bears of your presence so that they have time to disappear into the forest. Walking with a group of friends will be even safer and more fun.

I walk the Junior Olympic trail regularly as soon as the snow goes, usually around 9 am before it gets too hot. The forest is beautiful and the wood chips are easy on the legs and joints. Climbing the hills gets your heart and lungs in shape and if you simulate cross country skiing you will be using the same muscles you will use in the winter when skiing.

Twice I have seen a bear, once near the chalet and once on the blue loop, and they ran into the bush as soon as they spotted me. Of course having a dog along will

warn them sooner than not.

If I am alone without the dog I let out a whoop every little while as I used to do while hiking in the Rockies and it has always worked for me. Of course all wildlife is scared away and I do like to see wildlife. In the fall we do a lot of hiking on the Olympic trail which is more challenging because of the hillier terrain.

If you are interested in learning how to Nordic Walk properly with the proper poles, give me a call at 235-8048 and I will gladly give you a lesson. I am sure you will love it.

**JUNIOR RACE TEAM**

By: Lorne Luhta

**S**eventh out of 60! Yes! The PSR Ski Team placed seventh out of 60 teams at the Ski Nationals in Thunder Bay in March. Very good results for a relatively small team of 12! It was a successful culmination to the racing season which started early with the team travelling between Christmas and New Year's to the first Ontario Cup Race in Hardwood Hills near Barrie.

Next stop was Val Cartier, Quebec for the Nor Am Races where Natasha Kullas and Mallory Deyne narrowly missed making the Canadian team for the World Junior Championships. Then it was on to Thunder Bay, Ottawa and Sault Ste Marie.

Natasha Kullas travelled with the Ontario Team to Silver Star BC and Canmore Alberta, where she

was a forerunner for the World Cup Races and was on the trails with world class racers like Olympic medallists Beckie Scott, Chandra Crawford and Sarah Renner.

Good performances at the "O" Cup Races ensured that Mallory Deyne, Rob Martin, Natasha Kullas, Veronic Massicotte, Martha Sutton, Ghislain de Laplante, Bridget Yard, and Brianna Yard were selected to the Ontario Development Team.

**National Results:**

N. Kullas, V. Massicotte, M. Sutton won a Bronze in Club Relays.

B. Yard, B. Yard, K. Iserhoff came 8<sup>th</sup> in Club Relays.

M.Deyne, A. Dupont, B.Mahy came 4<sup>th</sup> in Senior Women's Relays.

Mallory attends the Lakehead University, Bibiane Mahy is on a ski scholarship at Northern Michigan University, and Andrea Dupont is a graduate student at the U. of Waterloo.

Natasha Kullas won three individual medals, 1 gold, 2 bronze in the Junior Girl's events.

Natasha, a superb ski technician, has been awarded an Ontario Quest for Gold Athletic Bursary to assist her in her training and racing career.

Mallory Deyne also won three individual medals, 2 silver and 1 bronze in Junior Women's events.

Andrea Dupont skied extremely well after coming off an injury which plagued her at the beginning of the season and hampered her training. She has qualified for the

World University Games next winter.

Two of our first year racers, Kaylie Iserhoff and Chantal de Laplante showed tremendous potential and should race strongly next year.

The season ended with the NOD Championships held on the PSR trails and our skiers from Mini-midgets to Masters dominated the field.

Coaches of the Junior Race Team this year were Sue Kaczmarek, Greg Deyne, and Lorne Luhta with waxing assistance from Team Tech Yvan Massicotte.

The success of our team is not only achieved by the dedication of our athletes and coaching staff but also by the support given by the parents. The parents work hard at fund raising, team organization, volunteer projects, and trail brushing to help make our club one of the best recreational organizations in the city.

**2006 LOPPET RESULTS**

*Thanks to Diane Luhta for putting these loppet results together. Ed.*

**25 km Classic - Female**

- 1. Nathalie Thibault 1:54:11
- 2. Brenda Ceaser 2:15:36

**25 km Classic - Male**

- 1. Ghislain deLaplante 1:23:06
- 2. Lorne Baribeau 1:34:30
- 3. Claude Castilloux 1:40:54
- 4. Gerry Perreault 2:04:26
- 5. Larry Labelle 2:13:52

**25 km Freestyle - Female**

- 1. Sue Kaczmarek 1:33:34

**25 km Freestyle - Male**

- 1. Rhys Lucas 1:13:39
- 2. Dave Vodusek 1:18:27

3. Kelly Kramp	1:22:54
4. Robert Coderre	1:23:06
5. Greg Deyne	1:24:22
6. Ray Denis	1:25:07
7. Pierre Lemire	1:27:10
8. Stan Kaczmarek	1:32:10
9. Jozef Nycz	1:37:02
10. Erik Luhta	1:39:06
11. Dale Columbus	1:52:38
12. Todd Keast	2:11:37

**17 km Classic - Female**

1. Chantal deLaplante	1:11:26
2. Karin Lucas	1:11:46
3. Kaylie Iserhoff	1:13:32
4. Martha Sutton	1:14:07
5. Laurie Bezzubetz	1:18:10
6. Bridget Yard	1:21:34
7. Brianna Yard	1:21:34
8. Veronic Massicotte	1:21:34
9. Natasha Kullas	1:21:34
10. Jessica Demers	1:23:49
11. Fran deLaplante	1:30:00
12. Jan Deyne	1:31:41
13. Samantha Demers	1:40:37
14. Lou Ann Visconti	1:42:47
15. Cheryl Allard	2:07:12
16. Paula Paquette	2:09:40

**17 km Classic - Male**

1. Richard Demers	1:10:17
2. Mark deLaplante	1:14:38
3. Robin Secord	1:23:16
4. Denis Brule	1:23:18
5. John Tuovinen	1:25:54
6. Gerry McNair	1:27:40
7. Andy Finila	2:01:16

**17 km Freestyle - Female**

1. Sarah Campbell	1:22:43
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**17 km Freestyle - Male**

1. Rick Isaacson	1:07:44
2. Tyler Spigarelli	1:09:34
3. Elmer Saar	1:09:35
4. Raimo Peltoniemi	1:12:25
5. Rene Lacasse	1:14:20
6. Ethan McGillis	1:16:44
7. Damien Duff	1:16:48
8. Tom Martin	1:20:04
9. Liam McGillis	1:40:42
10. Patrick Fera	1:51:15
11. Ryan Allard	2:06:29

**10 km Classic - Female**

1. Cathy Yard	1:00:27
2. Julie Coderre	1:00:48
3. Linda Clayton-McGillis	1:03:27

4. Angele Bastien Huot	1:03:45
5. Carole Lauzon	1:03:48
6. Janet Riopel	1:17:23
7. Jennifer Potvin	1:17:34
8. Kathy Francis	1:22:19
9. Leah Fedat Raymond	1:22:19
10. Joanna Conley	1:26:54
11. Pam Kardas	1:36:05

**10 km Classic - Male**

1. Andre Lajeunesse	0:57:57
2. Gary Perkins	1:00:44
3. Dave McGirr	1:17:00
4. Dan Potvin	1:17:33
5. Karym Bisson	1:35:25
6. Yves Bisson	1:35:27
7. Isaac Rondeau-McNair	2:12:41
8. Neal McNair	2:12:42

**10 km Freestyle - Female**

1. Kim Wagner	0:43:33
2. Joanne Blood	0:44:06
3. Johanna Coderre	0:47:52
4. Tina Petroni	1:02:43

**10 km Freestyle - Male**

1. Joel McCartney	0:36:05
2. Garret Duff	0:40:40
3. Damien Lachapelle-Lacroix	0:54:33
4. Corey Paquette	0:54:55
5. Chris Paquette	0:54:56
6. Roddy Huot	0:59:14

**5 km Classic - Female**

1. Erika Saari	0:35:36
2. Naomi Allard	0:48:15
3. Lorraine Melanson	1:26:54
4. Rachelle Hamilton Demers	1:32:05

**5 km Classic - Male**

1. Rick Allard	0:48:19
2. Brad Fennuk	0:49:19
3. Liam McCartney	1:12:24
4. Diego Ciccone	1:20:04
5. Jordan Melanson	1:28:11
6. Joshua Melanson	1:32:00

**5 km Freestyle - Female**

1. Caroline Coderre	0:30:41
2. Shauna Lamirand	0:44:08
3. Morgan McCartney	0:46:48
4. Clara Fennuk	0:49:52
5. Catarina Ciccone	0:57:33
6. Tracy McCartney	1:12:25

**5 km Freestyle - Male**

No Entries

**1000 km CLUB - STANDINGS**

*Here's our annual honours list of high achievers. Germain Lauzier and Diane Luhta combined to tally all the data but we refuse to be responsible for any mistakes - that board is some kind of a mess by the end of the season. Fifty-two members skied 1000 km or more. I think that's a new record but I haven't really confirmed it. Ed.*

# km	
<b>An Extra Extra</b>	
Denis Ray	3073

**That Little Extra**

Coderre Robert	2730
Kaczmarek Sue	2677
Lucas Rhys	2583
Vodusek Dave	2568
Bezzubetz Laurie	2037
Kaczmarek Stan	2036
Gagnon Claude	2023
Garlock Irvine	2010

**1000+ km**

Peltoniemi Reimo	1921
Dasovich George	1578
Massicotte Veronic	1560
Lauzier Germain	1550
Dasovich Suzanne	1549
Schultz Jane	1530
Sutton Martha	1516
Kullas Natasha	1416
Luhta Erik	1411
Paquette Real	1380
Touchette Denis	1350
Yard Brianna	1278
Martin Mary Ann	1269
Paquette Marcel	1256
Yard Bridget	1249
Gross Alfie	1215
Keddie Don	1209
Zgud Ron	1160
Lacasse Rene	1156
Leduc Darlene	1135
Perreault Gerry	1129
McGillis Ethan	1128
Wagner Kim	1126
Cumming C.A.	1101
Mullen Dave	1086

Ceaser Brenda	1075
Cousineau Mike	1048
Martin Tom	1043
Gibson Trish	1039
Demers Richard	1036
Gomercich Elaine	1036
Carle Laurette	1030
Hayes Jim	1030
Castilloux Claude	1025
Luhta Lorne	1016
Labelle Larry	1015
Hardy John	1014
McKay Tom	1010
Kanya-Forstner Nick	1005
Beielek Jim	1004
McNair Gerry	1001
Feldman Tori	1000
Deyne Jan	1000

**500+ km**

Kleinhuis Paul	988
Greenaway Peter	960
Demers Jessica	955
Cremin Derrick	835
Imola	814
Luhta Diane	810
Duff Garrett	805
Molenaar Tim	765
Vodusek Joe	763
Visconti Lou Ann	744
Lucas Karin	726
Scott Janet	725
Drainville Jean Guy	723
McGillis Liam	702
Jones Debbie	691
Pineault Michael	688
Schultz Dave	681
Duff Pearl	659
Delaplante Marilyn	658
Columbus Dale	628
Campbell Sarah	627
Montgomery Kevin	620
Sutton Susan	606
Nycz Jozef	597
Demers Samantha	594
Duff Damien	581
McNair Noella	574
Disley Norm	552
Tarleton Celine	536
Paquette Paula	533
Stewart George	528
Roy Ruth	518
Sech Michael	504
Finnila Brenda	504

**PARTICIPATORS' CLUB**

# Days

***Platinum (Nuts) 100+ Days***

Bezzubetz Laurie	132
Massicotte Veronic	129
Sutton Martha	128
Denis Ray	123
Coderre Robert	122
Kullas Natasha	116
Gagnon Claude	115
Peltoniemi Reimo	112
Dasovich Suzanne	111
Dasovish George	111
Lucas Rhys	110
Vodusek Dave	109
Sech Michael	102
Touchette Denis	102
Mullen Dave	102
Yard Brianna	100
Demers Richard	100
Yard Bridget	100
Paquette Real	100
Kaczmarek Sue	?
Kaczmarek Stan	?

***Gold 75 - 99 Days***

Martin Mary Ann	97
Demers Jessica	96
Garlock Irving	95
Paquette Marcel	94
Lauzier Germain	93
Zgud Ron	92
Gross Alfie	91
Leduc Darlene	88
Wagner Kim	85
Deyne Jan	85
Luhta Lorne	84
Luhta Erik	81
Kleinhuis Paul	81
Carle Laurette	81
Duff Garrett	80
Lacasse Rene	76
Cumming C.A.	76
Perreault Gerry	76
Cremin Derrick	76
Gibson Trish	76
McNair Gerry	76
Vodusek Joe	75
McGillis Ethan	?

***Silver 50 - 74 Days***

Martin Tom	74
Beielek Jim	73
Demers Samantha	72

Sutton Susan	72
Schultz Jane	72
Labelle Larry	70
Gomercich Elaine	70
Cousineau Mike	69
Ceaser Brenda	69
Hayes Jim	67
Imola	67
Luhta Diane	65
Delaplante Marilyn	64
Keddie Don	64
Visconti Lou Ann	63
Jones Debbie	63
Kanya-Forstner Nick	62
Stewart George	61
Drainville Jean Guy	61
Finnila Brenda	61
Duff Pearl	60
Feldman Tori	60
Coderre Caroline	60
Roy Ruth	60
Scott Janet	60
Castilloux Claude	59
McKay Tom	59
Lucas Karin	59
Coderre Johanna	57
Cecconi Debbie	57
Pineault Michael	56
McNair Noella	56
Stewart Brianna	55
Campbell Sarah	53
Hardy John	52
Molenaar Tim	52
Paquette Paula	?
McGillis Liam	?
Montgomery Kevin	?

***Bronze 25 - 49 Days***

Columbus Dale	49
Thibodeau Nancy	48
Coderre Julie	46
Greenaway Peter	46
Disley Norm	44
Tarleton Celine	43
O'Malley Flo	43
Fedat Leah	42
Rigg Leata	42
Yacula Duff	42
Duff Damien	42
Blood Joanne	41
Demers Radelle	39
Heino Alan	38
Thibodeau P.P.	35
Schultz Dave	32
Nycz Jozef	31

St Jean Gilberte	31
Kardas Pam	31
Rinaldi Barbara	30
Riopel Janet	30
McIvor Bruce	30
Reid Jack	29
Yard Cathy	29
Elomaa Judy	29
McIvor Joanne	28
Lemire Pierre	25
Sech Mildred	25
Massicotte Yvan	25
Mairs Wendy	25

**DESPITE NEW AGE CATEGORIES, VETS WIN AGAIN**

Saturday, April 1st saw the Rookies take on the Vets once again. This year's race format was classic technique with late season icy and challenging klistar conditions. These fast icy conditions and some less than optimum grip, certainly gave strong double polers an advantage.

The age categories were altered this year to push the upper limit for the Rookies from 19 to 29. This allowed the Rookies to recruit senior age racers (- namely Rhys Lucas !!)- to their team.

The race was fast and hotly contended by the Rookies but in the end, the Vets held onto their title for the third year in a row.

**TIMMINS NORDIC CENTRE**

By: Noëlla McNair

Progress is being made on bringing the Timmins Nordic Centre closer to reality. In the December issue of *The Inside Track* the fund-raising committee had been concentrating its efforts on writing proposals for submissions to FedNor, the

<b>Rookies vs Vets</b>			
<b>Individual Ski times</b>			
<u>Rookies</u>	<u>Time</u>	<u>Vets</u>	<u>Time</u>
Brianna	7:39	Dave V	6:29
Bridget	8:02	Greg	6:55
Ethan	10:57	Peter G	8:24
Liam & Ryan	11:55	Mary Anne	8:10
Martha	7:20	Sarah	9:35
Kaylie	7:31	Wendy	8:46
Chantel	8:14	Trish	10:53
Robin	8:45	Kim	9:39
Caroline Joanna	10:58	Larry	8:21
Jessica	10:12	Sue	7:35
Natasha	6:52	Rick	8:54
Vro	7:19	Stan	7:19
Ghislan	6:23	Dave V	6:48
Rhys	6:40	Erik	7:12

Northern Ontario Heritage Foundation (NOHFC) and the Rural Economic Development Program (RED). These proposals were submitted in January to the appropriate government agency.

The project consists of more than the construction of a new chalet. J.L. Richards & Associates was hired to prepare a feasibility study and supply cost estimates for the entire project. The project addresses safety concerns with an improved entrance road. There are plans for a larger and better parking lot, a larger septic system to permit better washroom facilities with showers and a new water line to prevent freezing and improve fire protection.

Of course, a new building is also in the plans and the entire project is estimated to cost about \$1.5 million.

Fund-raising for the project is key. To date the proposals to the

two levels of government - federal and provincial are still under consideration. The two proposals to the Ontario government, NOHFC and RED, have received an initial response to proceed to the next stage. A request for financial support was also made to our City council on Monday, April 25. The Council found great merit in our request and have pledged \$50,000 a year for 2007 and 2008. In addition they are providing in-kind contributions valued at \$30,000. It was very clear that our City council is well aware of the many contributions our club makes to our community totally through the efforts of our dedicated volunteers.

In February, PSR was selected as the beneficiary of the proceeds raised through a silent auction sponsored by The Daily Press and guided by J.P. Aubé and Dave McGirr. Again our members

responded and some 50 to 60 volunteers canvassed the business community for donated auction items. The amount brought in

from the auction, cash and in-kind donations.

Planning the various phases of the project continues as a two year

responded to a request for help. The auction was put in place with essentially no advance notice and work had to get done quickly. We



through the auction is not yet finalized but we know it will exceed \$50,000. During the *Get On Track* silent auction, a request for cash donations was sent to all PSR members as well as a number of businesses and professional service providers. We are also requesting in-kind donations of building material or related products. This part of the fund-raising campaign is ongoing so we cannot give a final total. We hope to realize at least \$150,000

undertaking. Major construction work on any part of the project will not begin until sufficient funding is secured. As it stands now, the work plan lists the chalet construction in the second year, that is, 2007. The building design and construction plans will be drawn up during the winter of 2006-07. Work for this summer should involve water line, roadway and parking lot.

I must take this opportunity to thank again the individuals who

appreciate the able assistance of the team captains, Trish Gibson, Paul Kleinhuis, Sarah Campbell, Jim Bielek and John Hardy. Their ideas and efforts in coordinating the other volunteers were most valuable. Diane Luhta, as auction coordinator, kept the data and details in order. There are too many other volunteers to name each one but you know who you are and many of you are still very much involved in this fund-raising activity.

**BIATHLON ACTIVITIES**

*Porcupine Ski Runners does not have biathlon facilities, however, both the Timmins Legion Army Cadet Corps and the Tiger Sea Cadets have biathlon teams who do their ski training at PSR. These cadets are members of the club and that makes us more interested in their success than we might otherwise be. Ed.*

**ARMY CADETS TEAM**

By: **Andréa Villeneuve**

**T**his year was a very exciting year for our cadets. The team was working together since September, preparing for the area competition in Sault Ste Marie at the end of January. The competitors were:

Male relay team: CWO Marc Cyr, WO Michael Pineault and Pte Brandon Diamond.

Female relay team: Sgt Tiffany Garnett, Pte Elizabeth Major and Pte Stephanie Fortier.

Both team came home with bronze medals.

Individuals: WO Alain Carrier – Open Male, Cdt Justin Hale – Junior Male, Cpl Stephanie Proulx – Open Female.

Individual awards received :  
Silver medal – WO Carrier – open male individual

Silver medal – Pte Elizabeth Major – junior female individual  
Bronze medal – Sgt Tiffany Garnett – Open female individual

Four cadets qualified as individuals for **the regional competitions** which were also held in Sault Ste Marie (great

snow). The cadets continued to put on a good competition with the following placings:

- Female Open Individual – Sgt Tiffany Garnett - 6th place
- Male Open Individual – WO Alain Carrier – 7th place
- WO Michael Pineault – 8th place
- Female Junior Individual – Pte Elizabeth Major – Bronze Medal

As well, the cadets took part in team competition, as composite members, and placed as follows:  
1st place female team – Sgt Tiffany Garnett  
2<sup>nd</sup> place female team – Pte Elizabeth Major  
3rd place male team – WO Alain Carrier  
5th place male team – WO Michael Pineault

With their standings, two cadets qualified for **National Biathlon Championships** which were being hosted by Central Region Cadet Headquarters. They competed in Sault Ste Marie. Both WO Alain Carrier and Sgt Tiffany Garnett had a great week as they competed in individual and team races including patrol races. WO Alain Carrier won a bronze medal during the Male Team Patrol Race.

This was the first year that the army cadet corps had qualifiers for the Nationals.

**SEA CADETS TEAM**

*No report was available as of press time. We apologize for not being able to include this report.*

*We do know that one of the Sea Cadets was also awarded (as well Natasha Kullas - PSR Jr. Race Team) an Ontario Quest for Gold Athletic Bursary to assist her in her training and racing career. I can't locate The Daily Press article that reported this story so I remember only her last name which is Cornelson - sorry for the lack of information but I'm pressed for time. Ed.*

If you need to get into the chalet or garages during the off-season, contact one of the following:

Gerry McNair	264-9093
Gerry Perreault	264-6939
Yvan Massicotte	268-9102